



# Hampton Mayor's Committee For People with Disabilities

## NEWSLETTER



Vol. 22 No. 1

Fall 2012

Jeanne E. Smith, Contributing Editor



## HAMPTON MAYOR'S COMMITTEE ANNUAL AWARDS LUNCHEON

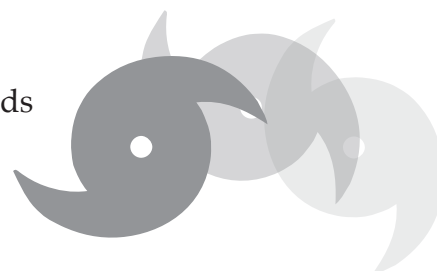
Thursday, October 25, 2012 Noon to 2:00 PM  
Crowne Plaza — located at the Hampton Marina

(see details pages 3 to 6 )

### Ready ✓virginia

Hurricane season is here. That means any part of Virginia could be affected by heavy rain, high water and wind. Are you ready? You need supplies on hand to last at least three days for each family member. Start an emergency kit with these essential items:

- ✓ Food that won't spoil, such as canned goods and packaged foods
- ✓ Water, one gallon per person per day
- ✓ A hand-crank or battery-powered radio and extra batteries
- ✓ A family emergency plan



Once you have these basics, put them in waterproof containers that you can carry or roll in case you need to leave your home quickly. Old suitcases or backpacks also can hold supplies.

Other items are useful in an emergency supply kit, such as flashlights with extra batteries, a first aid kit, a list of prescriptions and doctors, special items for young children and disabled or older family members, and food and water for your pets.

Think that's too much to do? At least get started with the essential items, and then add something to your kit each week. For a family emergency plan worksheet, go to **www.ReadyVirginia.gov** and click on Make a Plan. Emergency preparedness is everyone's responsibility. What's your plan?

Visit **www.ReadyVirginia.gov** and **www.ListoVirginia.gov** to learn more about how to prepare for hurricane and flood season.

The Hampton Committee for People with Disabilities meets the 2nd Thursday of every month (except for July and December) at Hampton City Hall, Council Chambers, 8th floor from 3:00 to 5:00 PM, Visitors are MOST welcome!!!

The Committee is in full compliance with the American with Disabilities Act of 1990. If you will require an accommodation or sign language interpreter to participate in the meeting, reasonable accommodations can be made upon request.

Please make requests at least a week (7 days) in advance of the Meeting.  
Contact Jeanne Smith, Secretary at 826-0762.

## COMMITTEE LOGO

I have often been asked “what’s the story behind the logo on the top right hand corner of the Newsletter. “. The logo was designed by Pat Goslee, in about 1990. She was a graphic artist, and the daughter of a former Editor of this Newsletter, Virginia Goslee. The Logo—“a black square-represents a door or the metaphysical barriers that a person with disabilities encounters in life. The figure is dancing, or in a position of exaltation, having broken through the barriers (mind, feet and hands)”



## DMV 2 GO SERVICE IS COMING TO HAMPTON

The Mobile, “DMV 2 GO” *full* service DMV office, will be at the Hampton City Treasurer’s Office at 1 Franklin St. on Thursday, November 1st , 2012 from 9 AM to 4 PM.

Customers will be able to conduct transactions from renewing driver’s license, applying for handicapped license plates and tags, applying for a Veteran ID card, getting fishing and hunting licenses, getting a copy of your driving record, to taking the road test. Recently moved? If so, stop by to update your address on your DMV record—AND you can also update your voter registration address and organ donor status.

***And, yes, the van is handicapped accessible!***

## FYI

Just in case you didn’t know- the Hampton Mayor’s Committee for People with Disabilities current Newsletter, past Newsletters, and the list of our Committee Members- plus Disability Resources in Hampton, are on the City of Hampton’s website---[www.Cityof Hampton.gov](http://www.CityofHampton.gov)- then type --- “disabilities” in the Search column. Everything you need to know about us is there.



**Hampton Mayor's  
Committee For  
People  
With Disabilities**

**October 25<sup>Th</sup>, 2012  
Annual Awards  
Luncheon**

**33 Years Of  
Serving The  
Hampton  
Community  
And Its  
Disabled Citizens**



# ***Awards Luncheon Registration Form***

## ***October 25, 2012***

Attendee's Name: \_\_\_\_\_ Telephone Number: \_\_\_\_\_

Address: \_\_\_\_\_ Menu Selection: \_\_\_\_\_

Additional Attendees Name(s). Use reverse side or additional sheet if necessary:

Name: \_\_\_\_\_ Menu Selection: \_\_\_\_\_

Name: \_\_\_\_\_ Menu Selection: \_\_\_\_\_

Name: \_\_\_\_\_ Menu Selection: \_\_\_\_\_

### ***Entrees are:***

- (A) Chicken Breast with cream sauce, red bliss potatoes and broccoli  
or
- (B) Baked Salmon with cream sauce on rice confetti and green beans  
or
- (C) Vegetable Pasta

*each entree includes tossed salad, rolls, coffee or iced tea, and apple pie*

Fifteen (\$15.00) dollars per person advance registration  
Make check payable to HMCFPWD

Please Indicate Reasonable Accommodations and/or Financial Assistance required, if any:

[ ☐ ] Attendant [ ☐ ] Financial Assistance for meal and/or Handi-Ride contact Pat Brown  
at 826-7185 or e-mail: pbrown33@cox.net

Braille and large print programs will be available

Deadline: No later than **October 19th** **NO EXCEPTIONS**

A sign language interpreter will be there.

Mail form to:

Story W. Smith  
228 Winchester Drive  
Hampton, VA 23666-2120

*Office Action:* Date Mailed: \_\_\_\_\_ Date received: \_\_\_\_\_

Check # \_\_\_\_\_ Amount: \_\_\_\_\_ Date posted: \_\_\_\_\_ Date to Treasurer: \_\_\_\_\_

# HAMPTON MAYOR'S COMMITTEE FOR PEOPLE WITH DISABILITIES

## ***NOMINATION CRITERIA***

All nominees must either live, work or volunteer at a location in Hampton

### **Stephen T. Capo Employer Of The Year Award**

To honor the Hampton located business that has done the most to enhance the employment of people with disabilities within the past year.

**Criteria:** The business should have demonstrated outstanding achievements in the workplace for people with disabilities or made contributions to increase public awareness of employing people with disabilities. Entries should include a description of outside activities (those that are not a normal part of business functions). This may include accommodations exceeding ADA requirements such as changing the worksite for an employee with a disability to make it more convenient; working with independent living centers or the Department of Rehabilitative Services to provide job opportunities or to create jobs for people with disabilities; supporting community ventures, provide needed services and any other area that can ultimately result in the employment of individuals with disabilities.

### **Employee Of The Year**

To recognize an employee with a disability who within the past year has displayed exemplary skill, leadership, initiative, and courage necessary to help advance opportunities for all people with disabilities.

**Criteria:** The information about this person should discuss their involvement in the workplace, This may include time and/or effort spent to benefit the company or business and positively influence public opinion about employing people with disabilities.

### **Charles A. Wornom Helping Hands Award**

To recognize an individual or group who within the past year has been an advocate for disability rights, who has made contributions that had a major impact on the lives of Hamptonians with disabilities, and who has unselfishly volunteered time and effort in disability advocacy.

**Criteria:** This information should include how this person or group demonstrated outstanding achievements for people with disabilities or made contributions to increase public awareness of people with disabilities. Entries should include description of the nominee's involvement in issues and areas of importance to people with disabilities. This may include sponsoring charities, supporting community ventures, encouraging local and state legislation, and any other area that can ultimately result in empowerment of individuals with disabilities.

### **Phil E. Everhart Youth Awards**

To recognize youth (Male and Female), who within the past year have unselfishly volunteered to help disabled people of Hampton and whose contributions have improved the life of those people with disabilities.

**Criteria:** A youth is defined as an individual who has not reached their nineteenth (19th) birthday and/or has not graduated from high school. The nomination should describe volunteer activities that improve the life of individuals with a disability. The activities include but are not limited to: academic tutoring; reading to the blind; writing correspondence; instructing individuals in tasks necessary to obtain employment; assisting individuals in different activities by being a companion or guide; providing physical fitness training; learning and using sign language to foster better communications; providing assistance with daily life routines such as: grocery shopping, cleaning living areas, lawn care and gardening.

# ***Nomination Form:***

## **Stephen T. Capó Employer of the Year Award:**

For the outstanding Employer of disabled individuals during the last twelve (12) months

## **Outstanding Employee of the Year Award:**

For the outstanding Disabled Employee of the last twelve (12) months

## **Charles A. Wornom Helping Hands Award:**

For individuals, (male and female), agency or business who has made an outstanding contribution to the disabled community during the last twelve (12) months

## **Phil E. Everhart Youth Award:**

For the individuals (male and female) who have during the past twelve (12) months unselfishly volunteered to help disabled people and whose contributions have improved the life of people with disabilities.

*Please review the specific criteria for nominations in each category.*

*Nominees must live, work or volunteer in the City of Hampton*

*Committee Members and/or Nominees from the last three (3) years are ineligible*

Award Category: \_\_\_\_\_

Nominee: Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Telephone Number: \_\_\_\_\_

Nominated By: \_\_\_\_\_ Telephone Number: \_\_\_\_\_

**Nomination form(s) must be attached to written recommendations, no more than two (2) pages, and must be received by October 15th**

### **Mail To:**

Jeanne E. Smith  
228 Winchester Drives  
Hampton, VA 23666-2120

## October Is Disability Awareness Month

*By Ellen Shackelford*

What does Disability Month mean to YOU? It means awareness for all, and should not be limited to just October—but every day and in every situation.

As a person who sustained a disability caused by the negligence of a truck driver, which left me paralyzed and having to use a wheelchair for mobility, I am well aware of the matters people with disabilities and their family members have to face daily.

Something as insignificant as a curb cut is a big issue for those trying to access a sidewalk, or being able to open a door which is too heavy to open without an automatic door opener.

Although this is the 22nd year of the passing of the American with Disabilities Act (ADA), there is still a lot of work to be done to make our communities, society and Nation a land of

opportunity for all, which includes those who happen to live with a disability.

Everyone can help and make things happen by lending a hand where needed, take notice of things around you and place yourself in someone else's shoes and ask yourself—What would I do or need if I were in that situation. Change is a choice we all make, but inclusion and access should be for ALL!!!!

*Editor's note—Ellen is a long time member of the HMCFPWD, also a member of the Unity Commission and President of Connections Consulting Services-LLC.*

Statistics from the 2010 Census showed that Hampton had 14,201 Disabled in the Community, which is 10% of the total population of 146,985. The Disabled employed was 8,126 or 57% of the total.

---

## Merlin can help!

What is a Merlin? A Merlin is a video machine that enlarges the print size of any printed material, including photos. It can help anyone read the small print on a contract, bills, the newspaper and personal letters. These machines can magnify up to 58 times with incredible brightness and clarity.

Each of the 4 libraries in the city of Hampton have a Merlin machine that was donated by the Mayor's Committee for People with Disabilities—and is available for anyone to use. If you need help, ask the Librarian for assistance.



---

## Safety Pennants Available

As a result of the recent injuries and the death of persons using a wheelchair or scooter crossing or on the street, the Hampton Mayor's Committee has purchased reflective pennants with a post to attach to your mobility device to make you more visible as you are out and about in Hampton.

The pennants are available for the asking to Hampton residents at NO CHARGE. They will be available at our Booth during Bay Days or by calling the Smith's at 826-0762.



ELECTION DAY- IS NOVEMBER 6, 2012 – Your vote is important!!!-ALL the Polling places in the City of Hampton are Handicapped accessible, Questions??? Call the Voting Registrar at 727-6218!!

## Hands Of Judah

“SIGNS OF THE KINGDOM”- Deaf Outreach Ministries began in 1997, with a focus on equipping Deaf believers to effectively carry the Gospel to their culture. Originally called “Hands of Worship” in 2004, the group participated in several outreaches in Richmond, at Patrick Henry Mall’s , Disability Awareness Day, various gatherings in Virginia and Hampton. Since 2001, the group has ministered in a variety of settings, including community events, churches, schools, nursing homes, prisons, military functions, and numerous special emphasis programs. It is a joy to use the performing arts to share a message of the gospel – the one true message that brings cultures together in unity.

The name change to “**Hands of Judah**” was in 2007 and focus is as a music / drama / dance ministry that includes Deaf, Deaf-blind, late deafened adults, hearing, and hard of hearing members from the Hampton Roads area.

We are delighted that the group’s members, with D. LaVerne Johnson, Director, will be performing at our Annual Luncheon on October 25th, 2012.



**SPECIAL OLYMPICS**- The Virginia State Summer Special Olympics Meet, was held in June , 2012 in Richmond, a celebration of Disability and Diversity. The Hampton Mayor’s Committee for People with Disabilities was happy to make a donation to our Hampton group of 50 athletes that enabled them to purchase t-shirts identifying them as members of the Hampton Area 30 at the Meet.

**Each athlete on the Hampton Area 30 team won either a Gold or Silver medal.**

*Carol Hobbs, Member of the Hampton Area 30 Team.*

## A Thought To Live By

*Resolve to be tender with the young, compassionate with the aged, sympathetic with the strong and tolerant of the weak and wrong. At some point you will have been one of these.*



# **The Hampton Committee for People with Disabilities Foundation**

## **GRANT APPLICATION INFORMATION**

**The Hampton Committee for People with Disabilities Foundation is accepting applications for Grants that will help to enhance or improve the quality of life for a disabled person. The individual must be a resident of Hampton, Virginia.**

Funding can include, but is not limited to activities such as extra-curricular activities in the community, support for respite care, modifications to one's living environment and/or transportation expenses to and from a special community activity. Funding will not be provided for routine daily living expenses as utilities, rent, groceries or clothing.

**Grant Funding : UP TO \$1,000**

Due date for applications is November 1, 2012

Applications can be found on the Hampton Mayor's Committee for People with Disabilities website, or you may request an application from:

Mrs. Jeanne Smith

Vice-President

The Hampton Committee for People with Disabilities Foundation

228 Winchester Drive,

Hampton, Virginia 23666,

Phone: 826-0762

[mmjeannes@cox.net](mailto:mmjeannes@cox.net)

If you would like more information regarding the grants or the application process, please feel free to contact :

Sue Merryfield

President

The Hampton Committee for People with Disabilities Foundation

Phone: 757-224-9680 ext 413

Mayor's Committee for People with Disabilities  
City Hall  
22 Lincoln St.  
Hampton, VA 23669  
RETURN SERVICE REQUESTED

PRESORTED  
STANDARD  
U.S. POSTAGE  
PAID  
HAMPTON, VA.  
PERMIT NO. 165

## This is your newsletter!

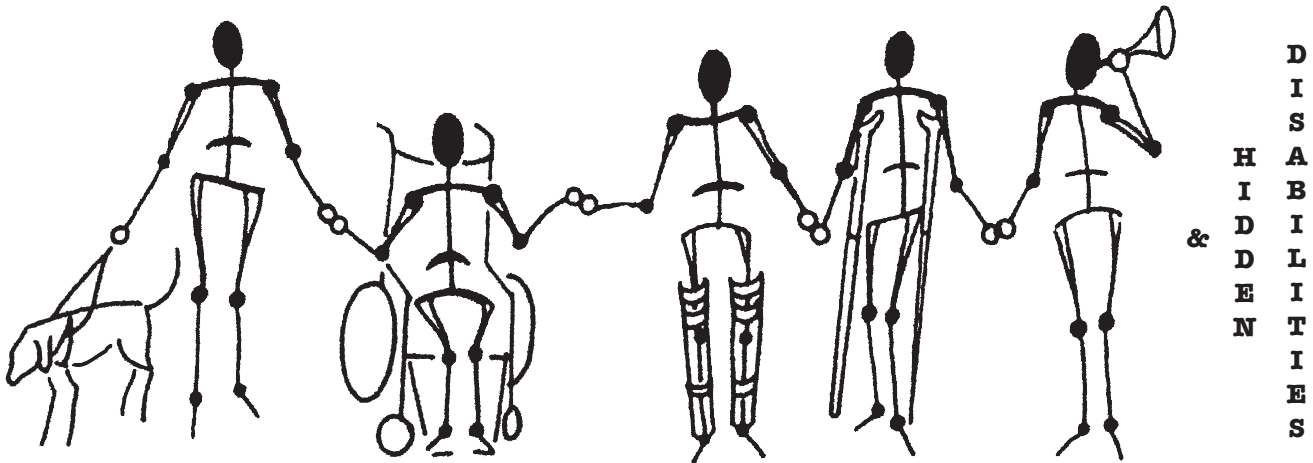
This newsletter was established to serve the disabled population and to enhance public awareness by publishing interesting and informative articles that will specifically address the needs and interests of the disabled. We welcome your comments and suggestions concerning future articles. We reserve the right to edit all articles. We are not afraid of offering controversial views for the benefit of our readers. Consequently, views and interests presented will not necessarily be the opinions of the editors or of the members of the Mayor's Committee for People with Disabilities.

*Our thanks to the Hampton City Council  
for making these newsletters possible.*

**If you receive more than  
one newsletter, please pass  
the extra copy to a friend!**

*This Newsletter is designed and printed  
at **Sir Speedy** in Hampton, VA*

*If you want to change your address, cancel receiving this newsletter or would like to be added  
to our mailing list, please contact Jeanne at 757-826-0762.*



If we all work together, we can win the battle.